

We are grateful for big things like family, love and friends. For small things we are grateful for smiles and laughter.

EARLS COURT

Gratitude helps bring happiness and joy to the class.



Gratitude makes us and others feel good and happy and brings happiness.

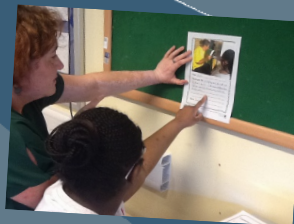
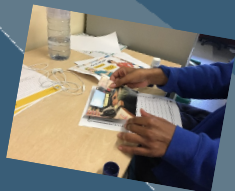


I think another benefit of gratitude is gratitude reminds us of being thankful every day and grateful.

Gratitude brings happiness to us. I think one of the benefits of gratitude is teaching us to be thankful for the things you have. It makes the class feel thankful and polite.



Gratitude teaches us to say thank you, to be polite and teaches us to have good manners. Gratitude means being thankful.



I think that gratitude might have a positive impact on the class as it makes us more thankful and polite of what we have.