

Community Food & Support Initiatives: **Uxbridge Region** (Hillingdon, Slough, Harrow, Hammersmith, Hounslow)



Citizens Advice Bureau:

Provide a free appointment / drop in service to advise individuals and families on a range of benefits, debt and money concerns, legal support, health and housing as well as **arranging referrals to local foodbanks via a voucher scheme**. Visit the website below or call to find out how to contact your local Advice Centre:

Website: www.citizensadvice.org.uk

Tel: 0800 144 8848



Community Shops: Access to surplus and affordable food via community initiatives

Hounslow 'virtual' Soup Kitchen Delivery Service – provides emergency cooked food delivered (enough for 1 to 2 days) Tel: 07463 853 385

Email: info@hounslowsoupkitchen.org

Website: www.hubbub.org.uk/the-community-fridge

Tel: 0203 701 7543 Email: hello@hubbub.org.uk

Website: www.foodcycle.org.uk/location/?place=hammersmith

Tel: 0207 729 2775 Email: hellow@foodcycle.org.uk



Food Banks:

Website: www.hillingdon.foodbank.org.uk

Tel: 07859 710 747

Email: hillingtonfoodbank@kingsborough.org.uk

Website: www.slough.foodbank.org.uk

Tel: 01753 550 303

Email: office@slough.foodbank.org.uk

Website: www.hounslowfoodbox.org.uk

Tel: 07719 891 787 / 07718 263 614

Email: info@hounslowfoodbox.org.uk

Foodbank, Chiswick Seventh Day Adventist Church,
Stamford Brook Road, Chiswick, W6 0XW Tel: 0208 994
1859

Open: Saturday, 1pm – 4pm

Website: www.harrow.foodbank.org.uk

Tel: 0208 416 7344

Email: info@harrow.foodbank.org.uk

Website: www.trusselltrust.org/get-help/find-a-foodbank/hammersmithfulham/

Tel: 0207 731 3693

Email: info@hammersmithfulham.foodbank.org.uk

Website: www.upg.org.uk/food-distribution-3/

Tel: 0207 605 0800





Applications:

Too Good to Go

Every day, delicious food goes to waste at cafes, restaurants, hotels, shops and manufacturers – just because it hasn't sold in time. The Too Good To Go app lets you buy and collect this food – at a great price – so it gets eaten instead of wasted.

Olio

Join millions of neighbours all over the world who are using OLIO to share more, care more and waste less. Give and get free stuff and borrow and lend household items – all directly from your community.